



# St Anne's Church, Chingford

Web site: [www.stanneE4.org.uk](http://www.stanneE4.org.uk)

**5<sup>th</sup> July 2026 – Trinity 5, Proper 9**

**Parish Eucharist – 10.00**

**Welcomers:** David Sendall, Rosalind Tatam

**Servers:** Terisa Nabukalu, Trisha Nakanwagi, Jenny Scotchmer

**Chalice:** Julie Adesina, Anthony Sullivan

**Lessons:** Rosalind Tatam

**Prayers:** Julie Adesina

**Preacher:** Mick Scotchmer

**Celebrant:** Mick Scotchmer

**Music:** Bill Gloyn

*The future depends on what you  
do today*  
**Mahatma Gandhi**

**Hymns:**

10 All creatures of our God and King - omit verses 3 & 6

640 Ride on, ride on in majesty

413 Just as I am, without one plea

563 O Lord my God

334 I heard the voice of Jesus say



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***This week***



|           |                       |       |                   |
|-----------|-----------------------|-------|-------------------|
| Wednesday | 8 <sup>th</sup> July  | 11.30 | Bible Study Group |
| Friday    | 10 <sup>th</sup> July | 10.00 | Morning Prayer    |
| Sunday    | 12 <sup>th</sup> July | 10.00 | Parish Eucharist  |

## **Collect**

Almighty and everlasting God,  
by whose Spirit the whole body of the Church is  
governed and sanctified:  
hear our prayer which we offer for all your  
faithful people,  
that in their vocation and ministry  
they may serve you in holiness and truth  
to the glory of your name;  
through our Lord and Saviour Jesus Christ,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## **Post Communion**

Grant, O Lord, we beseech you,  
that the course of this world may be so  
peaceably ordered by your governance,  
that your Church may joyfully serve you in all  
godly quietness;  
through Jesus Christ our Lord.

## **Old Testament Reading**

### ***Zechariah 9.9-12***

<sup>9</sup>Rejoice greatly, O daughter Zion!  
Shout aloud, O daughter Jerusalem!  
Lo, your king comes to you;  
triumphant and victorious is he,  
humble and riding on a donkey,  
on a colt, the foal of a donkey.  
<sup>10</sup>He will cut off the chariot from Ephraim  
and the warhorse from Jerusalem;  
and the battle-bow shall be cut off,  
and he shall command peace to the nations;  
his dominion shall be from sea to sea,  
and from the River to the ends of the earth.

<sup>11</sup>As for you also, because of the blood of my covenant with you,  
I will set your prisoners free from the waterless pit.  
<sup>12</sup>Return to your stronghold, O prisoners of hope;  
today I declare that I will restore to you double.

This is the word of the Lord.

**All Thanks be to God.**

## **New Testament Reading**

### ***Romans 7.15-25a***

<sup>15</sup>I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. <sup>16</sup>Now if I do what I do not want, I agree that the law is good. <sup>17</sup>But in fact it is no longer I that do it, but sin that dwells within me. <sup>18</sup>For I know that nothing good dwells within me, that is, in my flesh. I can will what is right,

but I cannot do it. <sup>19</sup>For I do not do the good I want, but the evil I do not want is what I do. <sup>20</sup>Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

<sup>21</sup>So I find it to be a law that when I want to do what is good, evil lies close at hand. <sup>22</sup>For I delight in the law of God in my inmost self, <sup>23</sup>but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. <sup>24</sup>Wretched man that I am! Who will rescue me from this body of death? <sup>25</sup>Thanks be to God through Jesus Christ our Lord!

This is the word of the Lord.

**All Thanks be to God.**

## **Gospel**

***Matthew 11.16-19,25-30***

*When the Gospel is announced the reader says*

Hear the gospel of our Lord Jesus Christ according to Matthew.

**All Glory to you, O Lord.**

At that time Jesus said, <sup>16</sup>‘To what will I compare this generation? It is like children sitting in the market-places and calling to one another,

<sup>17</sup>“We played the flute for you, and you did not dance;  
we wailed, and you did not mourn.”

<sup>18</sup>For John came neither eating nor drinking, and they say, “He has a demon”;

<sup>19</sup>the Son of Man came eating and drinking, and they say, “Look, a glutton and a drunkard, a friend of tax-collectors and sinners!” Yet wisdom is vindicated by her deeds.

<sup>25</sup>I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; <sup>26</sup>yes, Father, for such was your gracious will. <sup>27</sup>All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

<sup>28</sup>Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. <sup>29</sup>Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup>For my yoke is easy, and my burden is light.’

This is the Gospel of the Lord.

**All Praise to you, O Christ.**

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*We do not take a collection during the service at St. Anne's as we have a Parish Giving scheme. However if you wish to make a contribution you will find a plate at the back of church and a card reader if you prefer to donate in that way. If you would like to join the **Parish Giving** scheme please speak to Lindsey Archer or the church wardens. Also, scanning this QR code will provide information about the scheme and how you can make contributions if you wish.*



**Ukraine and Eat or Heat** - We are still collecting for both at the back of the church. Children's, toddler's and baby items are still very much needed in Ukraine, as are long lasting food products and hygiene products for Eat or Heat.

**African Caribbean Evening Saturday 18th July 6.30 - 10.** Tickets £18 for adults and over 12s, £9 for ages 6-11, free for age 5 and under. Ticket price includes food and a glass of rum punch, Pimm's or a soft drink. There is a list to sign for tickets at the back of church. If you would like to contribute to the food for the event, please have a word with Clare or Bridget.

#### FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

**Anniversaries for July:** 1st Joseph Nye, Ethel Fernley, Stella Bickerstaff, 11th Margaret Bridger, 20th Jean Sherman, 22nd Edith Mears, 24th Penny Rolfe

**In Memoriam:** Florence Milford, Bertha Rumble, Pearl Smith, Louisa Toms, Annie Walker, Frederick Whitehead, Ernest Wynn, Evelyn Wynn.

*Eternal rest grant unto them O Lord, and let light perpetual shine upon them, may they rest in peace and rise in glory. Amen*

## *Jude's Farewell Eucharist*

Jude will be retiring shortly and has been given permission to celebrate and preach at a final Eucharist.

As we will celebrate our Patronal Festival on Sunday 26<sup>th</sup> July it has been decided that it would also be an appropriate day to celebrate and give thanks for Jude's many years of service to St. Anne's.

The 10am service on Sunday 26<sup>th</sup> July will therefore also be Jude's Farewell Eucharist. We hope as many as possible will be there to express our thanks to him.

After the service there will be a bring and share lunch. It is likely that there will be a full church that day with many who are not regular members of the congregation. To help us ensure there is a sufficient quantity and variety of food for the lunch there is a list at the back of church to indicate what you will be able to provide.